

# Measure of the Quality of the Environment

Version 2.0

## Information Record Form

1 Name:

2 Date of birth: JJ / MM / AAAA

3 Gender:  Female  Male

4 Date of evaluation: JJ / MM / AAAA

5 How the questionnaire was completed:

- Self-administered
- Interview

6 The respondent is:

- The person
- A significant other
- A professional (name and discipline)

# Questionnaire

While taking into consideration your abilities and personal limits, indicate to what extent the situations or factors generally influence your daily life.

Influence Scale								
← Obstacle	Facilitator →							
Major	Medium	Minor	No influence	Minor	Medium	Major	I do not know	Does not apply

## Social network (support from people around you)

1. Your family situation (living alone, with a spouse, or with children)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
2. Support from members of your family or close friends who take the place of family (presence, physical assistance, household assistance, encouragement)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
3. Support from your friends	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
4. Support from your neighbours	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
5. Support from your colleagues at work, school, or place of principal occupation	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

## Attitudes of the people around you (way of acting)

6. The attitudes of your family or close friends who take the place of family toward you	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
7. The attitudes of your friends toward you	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
8. The attitudes of your colleagues at work, school or place of principal occupation toward you	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
9. The attitudes of your superiors (professors, supervisors, employers) toward you	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
10. The attitudes of your neighbours toward you	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
11. The attitudes of your service providers (public services agents, salespeople, cashiers, etc.) toward you	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
12. The attitudes of strangers toward you (people that you pass on the street)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
13. The attitudes of people toward you when they are in a group (a class, a crowd, interest group, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
14. The religious beliefs of the people in your community (faith, spirituality, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

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### Influence Scale

← Obstacle | | Facilitator →

Major  
Medium  
Minor  
No influence  
Minor  
Medium  
Major  
I do not know  
Does not apply

#### Labour market

15. Counselling and employment seeking services	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
16. Current availability of jobs in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
17. Hiring criteria and selection tests	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
If you are not currently employed, check here and go to the next section. <input type="radio"/>									
18. Your workplace (physical set-up of your place of work)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
19. The requirements of your work tasks (obligations, performance, qualities needed, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
20. Your work hours	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
21. Union structures	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
22. Employee services	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
Income (availability, financial programs and services)									
23. Your personal income (or your family's if you do not have your own income)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
24. Public disability insurance programs (road accident, work, and health insurance, disability pension, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
25. Private disability or health insurance programs (health insurance, travel insurance)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
26. Other private insurance programs (house, car, life, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
27. Financial compensation programs (subsidized rent, disability compensation, direct payments, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
28. Socio-economic services (fiscal programs, family allocations, unemployment insurance)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
29. Financial institution services (loans, investments, financial transactions, bank machines, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

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**Influence Scale**

← Obstacle | Facilitator →

Major  
Medium  
Minor  
No influence  
Minor  
Medium  
Major  
I do not know  
Does not apply

**Commercial services**

30. The availability of businesses in your community (grocery store, restaurants, hardware store, department stores, shopping malls, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
31. The services offered by the businesses in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

**Judicial services**

32. Judicial services (courts, attorneys, notaries, judicial advice, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
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**Socio-sanitary services**

33. External attendant services other than those provided by your family and close friends (escort, interpreter, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
34. Home care services other than those provided by your family and close friends	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
35. Health services in your community (hospital, medical clinic, dentist, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
36. Physical and social rehabilitation services in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
37. Vocational work services within your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
38. Social integration support services (social work, residential resources, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
39. Day care services (including home day care) and in-school child care	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
40. Other child care services (providing time to rest and helping out)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

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### Influence Scale

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Major  
Medium  
Minor  
No influence  
Minor  
Medium  
Major  
I do not know  
Does not apply

#### Educational services

If you are not currently studying, check here and go to the next section

41. Educational services in your community (elementary, junior and senior high school, college, university, adult education, professional training, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
42. Access to student loans and scholarships	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
43. Other educational services in your community (extra-curricular, cafeteria, student services, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
44. School transportation services	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

#### Public infrastructure services

45. Public transportation services in your community (schedule, stops, frequency, route, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
46. Adapted transportation services (schedule, stops, frequency, route, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
47. Long distance transportation services (train, bus, plane)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
48. Telephone communication services in your environment (telephone, fax, Internet)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
49. Radio media services	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
50. Television media services	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
51. Public services (fire, police, ambulance, civil protection)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
52. Municipal services (road maintenance, snow removal, garbage pick-up, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

#### Community organisation services

53. Cultural services in your community (cinema, theatre, library, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
54. Religious organisation services in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

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Minor  
No influence  
Minor  
Medium  
Major  
I do not know  
Does not apply

#### Community organisation services (cont.)

55. Athletic and recreational organisation services in your community (sports, chess, travel, outdoor recreation, collector clubs, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
56. Community organisation services in your community (Self-help groups, Seniors Club, Lions clubs, Scouts.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

#### Physical accessibility

57. Physical accessibility of your residence	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
58. Availability of accommodations that respond to your needs	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
59. Physical accessibility of public buildings in your community (government, hospitals, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
60. Physical accessibility of businesses in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
61. Physical accessibility of your work or study setting	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
62. Physical accessibility of cultural, athletic or recreational centres	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
63. Physical accessibility of the residences of your relatives and friends	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

#### Land, roads and distances

64. Traffic density in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
65. Road accessibility in your community (summer)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
66. Sidewalk accessibility in your community (summer)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
67. Intersection accessibility in your community (summer)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
68. Road accessibility in your community (winter)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
69. Sidewalk accessibility in your community (winter)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
70. Intersection accessibility in your community (winter)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
71. Unevenness of terrain (hills, slopes)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

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Major  
Medium  
Minor  
No influence  
Minor  
Medium  
Major  
I do not know  
Does not apply

#### Land, roads and distances (cont.)

72. The nature of the terrain's surface (grass, gravel, sand)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
73. Location of your residence (according to distance from services)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

#### Natural elements

74. Winter climatic conditions (snow, ice, cold, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
75. Summer climatic conditions (heat, humidity, rain, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
76. Light intensity	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
77. Darkness	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
78. Noise	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
79. Air quality in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
80. The time you require to carry out a task (ex. the time needed to get dressed, do an exam, get to work, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
81. Fauna (pets, wild animals, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
82. Flora (plants, trees, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

#### Objects

83. Little objects (ustensils, pencils, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
84. Large objects (large boxes and toys, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
85. The weight of objects	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
86. Equipment in your work or study setting (office accessories, work tools, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
87. Furniture	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
88. Small electric appliances (toaster, blender, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
89. Large electric appliances (oven, refrigerator, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
90. Telephones	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

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Major  
Medium  
Minor  
No influence  
Minor  
Medium  
Major  
I do not know  
Does not apply

#### Objects (cont.)

91. Fax machines	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
92. Televisions and radios	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
93. Computers	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
94. Automobiles (car, truck, van, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

#### Technology

95. Directions for use related to technology (recipes, manufacturer notices, warnings, instructions, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
96. Services related to access to technology or maintenance (including plumbers, electricians, mechanics, repairmen, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

#### Technical aids

97. Availability of technical aids (wheelchairs, orthosis, writing assistance, guide-dogs, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
98. Use of technical aids	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
99. Technical aid maintenance services	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

#### Political systems

100. Equal opportunity programs (access to education, labour market, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
101. Actions of advocacy organisations.	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
102. Modes of participation at public assemblies (debates, union meetings, general assemblies, parent meetings, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
103. Participation opportunities in decision making (elections, administrative council, nomination to a position, etc.)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
104. Government policy orientations	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>
105. Responsibilities and coherence of diverse governmental levels	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

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No influence  
Minor  
Medium  
Major  
I do not know  
Does not apply

**Social rules**

	-3	-2	-1	0	1	2	3		
106. Rules (at school, swimming pool, public places, etc.)								<input type="radio"/>	<input type="radio"/>
107. Conventions (eligibility criteria, collective agreement, etc.)								<input type="radio"/>	<input type="radio"/>
108. Law enforcement (smoking laws, parking laws, etc.)								<input type="radio"/>	<input type="radio"/>
109. Administrative procedures (bureaucracy, forms, etc.)								<input type="radio"/>	<input type="radio"/>

**SPECIMEN**

# Comments

**SPECIMEN**

# Comments

SPECIMEN

# Summary of Results

SPECIMEN