

Measure of the Quality of the Environment

Short version



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SPECIMEN

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Introduction

The Measure of the Quality of the Environment MQE scale aims at evaluating the environment's influence on the accomplishment of a person's daily activities in relation to his/her abilities and limits.

While taking into account your abilities and personal limits (your disabilities), we ask you to estimate the influence that your environment generally exerts upon your daily life (accomplishment of your activities and various tasks within your environment).

To do this, we have drawn up a list of situations or factors within your environment that may:

- ☺ facilitate the accomplishment of your life activities,
- ☹ exert no influence on your life activities,
- ☹ obstruct the accomplishment of your life activities.

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Definitions

Obstacles

Environmental factors or situations that hinder the accomplishment of a daily activity or task.

Types of obstacles

Major obstacle (-3)

A major obstacle completely prevents accomplishment of the activity.

Example: A stairway that prevents access to a higher floor is a major obstacle for a person with difficulties walking

Medium obstacle (-2)

A medium obstacle largely hinders accomplishment of the life activity.

Example: A complicated instruction that hinders a person with intellectual disabilities when following a recipe required for preparing his/her meal, is a medium obstacle.

Minor obstacle (-1)

A minor obstacle mildly hinders accomplishment of a life activity or slightly increases its level of difficulty.

Example: Negative attitudes, among the people interacting with a child with a visual disability that disturb his/her functioning at home or at school are minor obstacles.

Definitions (cont.)

Facilitators

Environmental situations or factors that assist the accomplishment of a daily activity or task.

Types of facilitators

Major facilitator (3)

A major facilitator fully compensates for the impairments or disabilities, and allows full accomplishment of the life activity without constraint or difficulty.

Example: A wheelchair and a ramp that are necessary for a person who is unable to walk to enter a room are major facilitators.

Medium facilitator (2)

A medium facilitator partially compensates for the impairments or disabilities, and allows partial accomplishment of the life activity or accomplishment with difficulty.

Example: A simple illustration or a simplified instruction that makes following a cooking recipe easier for a person with intellectual disabilities is a medium facilitator.

Minor facilitator (1)

A minor facilitator compensates a little for the impairments or disabilities, and allows partial accomplishment of the life activity or slightly decreases its difficulty.

Example: For a person with a behaviour disability, an encouraging attitude of a colleague that helps the accomplishment of a work task, is a minor facilitator.

Definitions (cont.)

No influence (0)

Environmental situations or factors that have no effect on the accomplishment of a daily activity or task.

Examples:

- Winter climatic conditions generally do not influence the exiting of a building for a person with an auditory disability.
- A person who does not use the health services available in his/her community.
- A person who never goes to the movies or to the theatre by choice.

I do not know

The effect of the environmental situation or factor on the life of a person is unknown

Examples:

- A person who does not know how law enforcement influences his/her daily life.
- A person who does not know how financial institution services influence his/her daily life.

Does not apply

Environmental situations or factors that don't exist within the person's environment.

Examples:

- Questions concerning the spouse or children of a person without spouse or children.
- Questions concerning education for a person who is not studying.
- Public transportation services that are not available in a person's community.

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Instructions

Following each item, you will find a rating scale that ranges from obstacle (-3) to facilitator (3), as well as the boxes “I do not know” and “Does not apply”.

While taking into consideration your abilities and personal limits, indicate to what extent the situations or factors generally influence your daily life.

Item	Influence Scale								
	Obstacle				Facilitator				
	Major	Medium	Minor	No influence	Minor	Medium	Major	I do not know	Does not apply
	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>

- ✓ If the item hinders accomplishment of your daily activities or tasks, please check the box according to your opinion: “-1” (minor obstacle), “-2” (medium obstacle) or “-3” (major obstacle).
- ✓ If the item does not influence accomplishment of your life activity, please check “0”.
- ✓ If, on the other hand, the item facilitates accomplishment of your current activities or tasks, please check “1” (minor facilitator), “2” (medium facilitator) or “3” (major facilitator).
- ✓ If the item does not correspond to your situation or is not present in your environment, check “Does not apply”.
- ✓ If you do not know if the item affects your life, check “I do not know”.

Note: Certain situations or certain factors, such as law enforcement, may influence your life in a general manner. However, others, such as home assistance services, may have a daily influence on your life.

Examples

While taking into consideration your abilities and personal limits, indicate to what extent the situations or factors generally influence your daily life.

	Influence Scale								I do not know	Does not apply
	Obstacle				Facilitator					
	Major	Medium	Minor	No influence	Minor	Medium	Major			
1. Neighborhood business services	-3	-2	-1	0	1	2	3	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
2. Winter climatic conditions (snow, ice, cold, etc.)	<input checked="" type="checkbox"/>	-2	-1	0	1	2	3	<input type="checkbox"/>	<input type="checkbox"/>	
3. Public transportation services in your community (schedule, stops, frequency, route, etc.)	-3	-2	-1	<input checked="" type="checkbox"/>	1	2	3	<input type="checkbox"/>	<input type="checkbox"/>	
4. Law enforcement	-3	-2	-1	0	1	2	3	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
5. Your work hours	-3	-2	-1	0	1	2	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	

Example 1: If the two or three businesses where you usually shop are accessible and their interiors helps you move around freely, check “3” (major facilitator) for this item.

Example 2: If you cannot go out during the winter because your wheelchair gets stuck in the snow, check “-3” (major obstacle) for this item.

Example 3: If you use your municipality’s regular bus service without difficulty or constraint, check “0” (no influence) for this item.

Example 4: If you do not know how much law enforcement influences you, check “I do not know”.

Example 5: If you are not working, check “Does not apply” to items mentioning “your job”, even if you are able to work.

Identification of the Person

1 Name:

2 Date of birth: JJ MM AAAA
 / /

3 Gender: Female Male

4 Date of evaluation: JJ MM AAAA
 / /

5 How the questionnaire was completed:

- Self-administered
- Interview

6 The respondent is:

- The person
 - A significant other
 - A professional (name and discipline)
-
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Questionnaire

While taking into consideration your abilities and personal limits, indicate to what extent the situations or factors generally influence your daily life.

	Influence Scale								I do not know	Does not apply
	Obstacle				Facilitator					
	Major	Medium	Minor	No influence	Minor	Medium	Major			
1. Support from those around you (family, friends, colleagues)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
2. The attitudes of those around you (family, friends, colleagues)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
3. The current availability of jobs in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
4. The characteristics of your work environment and your working conditions	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
5. Your personal income	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
6. Insurance and other financial compensation programs	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
7. Stores and services in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
8. Home care services (health, housekeeping, rehabilitation)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
9. Educational services	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
10. The personal vehicle that you use	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
11. Public transportation services	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
12. Radio and television (access, quality of information, subtitling)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
13. Electronic communication (telephone, fax, E-mail, Internet)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
14. Community and cultural services in your community (cultural, sports, religious organisations)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
15. Physical accessibility of your residence	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
16. Physical accessibility of buildings that you need to go into in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
17. Road accessibility in your community (roads, sidewalks, curbs, intersections)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	

While taking into consideration your abilities and personal limits, indicate to what extent the situations or factors generally influence your daily life.

	Influence Scale									
	← Obstacle				Facilitator →				I do not know	Does not apply
	Major	Medium	Minor	No influence	Minor	Medium	Major			
18. Climatic conditions	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
19. Light intensity	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
20. Noise or sound intensity	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
21. The time allowed to carry out tasks	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
22. Objects that you use (work or study items, furniture, furnishings, kitchen/electrical appliances, electronic equipment)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
23. Assistive devices (availability, use, maintenance)	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
24. Means of participating in decision-making in your community	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
25. Governmental and administrative procedures	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	
26. Rules and administrative procedures	-3	-2	-1	0	1	2	3	<input type="radio"/>	<input type="radio"/>	

Comments

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Summary of Results

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